



NATURAL PROGRESS

EXECUTIVE COACHING

FOR LEADERS

*Lead with clarity.
Grow your impact.
Thrive in nature.*



WHAT IS OUTDOOR EXECUTIVE COACHING?

Our nature-based coaching program empowers you to amplify your leadership, resilience, and influence using nature.

*Step up your leadership.
Lead impactful change.*



We are what we repeatedly do. Excellence, then, is not an act, but a habit.

- ARISTOTLE

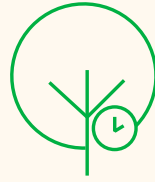


WHY NATURE?

Coaching outdoors integrates movement, fresh air, and natural calm to deepen learning and wellbeing.

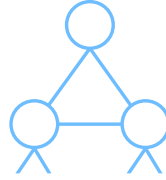
Sessions are designed to fit your schedule, with flexible locations.

PROGRAM SNAPSHOT



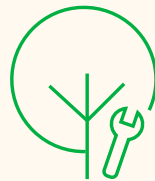
Flexible Sessions:

Weekly for the first month, then monthly.



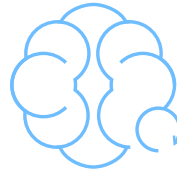
Networking:

Quarterly group activities in nature.



Tools Included:

Enneagram assessment, Wellbeing Check-Ins, Identity Compass progress tracking.



Ongoing Support:

Access your coach between sessions via phone/Teams.



Flexible pricing:

Program tailored to suit your budget.



Safety: First Aid certified and aligned with Australian Adventure Activity Standards.

WITH EXPERT COACHING, YOU WILL:

- **Unlock self-awareness** to align your habits with your mission.
- **Master stress resilience** and decision-making in high-stakes roles.
- **Lead** transformative change with confidence and purpose.
- as well as **reconnect** - with nature, with others, and with yourself.

All while harnessing the restorative power of nature to fuel innovation and focus.



NATURAL PROGRESS

TAKE THE
NEXT STEP:

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